



## *Sprint Start Analysis*

*TEMPLO Sprint Start Analysis is a user-friendly and highly target orientated software for quick analysis of sprint start performance by using two force plates, which are integrated in regular starting blocks. An integrated database allows a comparison of performance with world-class athletes.*





### Markets

- + Universities
- + Olympic training centers
- + Sport federations
- + Sport clubs
- + Track & Field
- + Biomechanic labs

### Purpose

- + Research & teaching
- + Performance analysis
- + Feedback training
- + Kinetic and kinematic documentation
- + Demand to record and play back

### Software Philosophy

- + Easy to use
- + Instant live view
- + Instant feedback
- + Portability
- + Serves coaches needs
- + Integrated reference database
- + Easy to read reports



**Institute for Biomechanics and Orthopedics**  
Cologne (DE)

**TOP References**



**SETUP**

- 2-camera-highspeed system (500x500@700fps)
- 2 light barriers
- Portable PC

**PURPOSE**

- Recording of reference videos and values
- Research on sprinting analysis
- Use for teaching with students

<http://www.dshs-koeln.de/visitenkarte/einrichtung/biomechanik-und-orthopaedie>

**ISBS 2015****Workshop Sprint Start****SETUP**

- 2-camera-highspeed system, 2 light barriers
- Speaker for starting signal
- Highend PC

**PURPOSE**

- Practical demonstration of usability in the field
- **Track & Field:** Running analysis of 100&200m:
  - cadence & step length
  - intermediate timing information
  - reference values of block parameters

### *Reference list of sports analysis users*

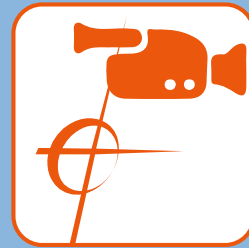
- German Sports University Cologne, Germany
- Sport Institute of Salzburg, Austria
- UFMG Belo Horizonte, Brazil
- Aspire Sports Excellence Center, Katar
- Australian Sport Commission, Australia
- Swimming Confederation NRW, Germany
- Olympic Training Center Berlin, Germany
- Football Association (FA), UK
- Olympic Training Center Sachsen-Anhalt, Germany
- George Washington University, USA
- ETH Zürich, Switzerland
- Hongkong Sport Institute, China
- Sportshub 2014, Singapore
- ITM University, Malaysia
- Humboldt University Berlin, Germany
- Team Danmark, Denmark
- Chinese University of Hong Kong, China
- Leeds Beckett University, UK
- Sports Performance International, USA
- Singapore Sports Council, Singapore
- Cardiff University, UK
- Zinman College, Israel
- Marquette University, USA
- Texas Tech University, USA
- Olympic Training Center Stuttgart, Germany

*... many more*

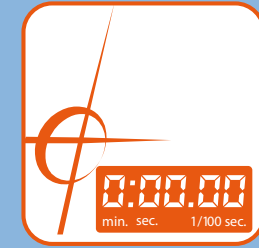
## Focus on video recording & feedback



**Sprint Start Analysis**



**Cameras**



**Timing**

- Integrated "Starting automatic" with acoustic signal
- Instant availability of results (diagrams and parameters)
- Instant comparison with reference database - containing the whole range of 100m sprinters' performance of men and women
- Immediate recommendation for training possible
- Slow-motion and analysis tools
- Database functionality (longitudinal analyses)
- Export of parameters

- Unlimited perspectives
- Up to 60fps
- Synchronized recording

- Additional spatial-timing information
- Light barriers
- Optogait System



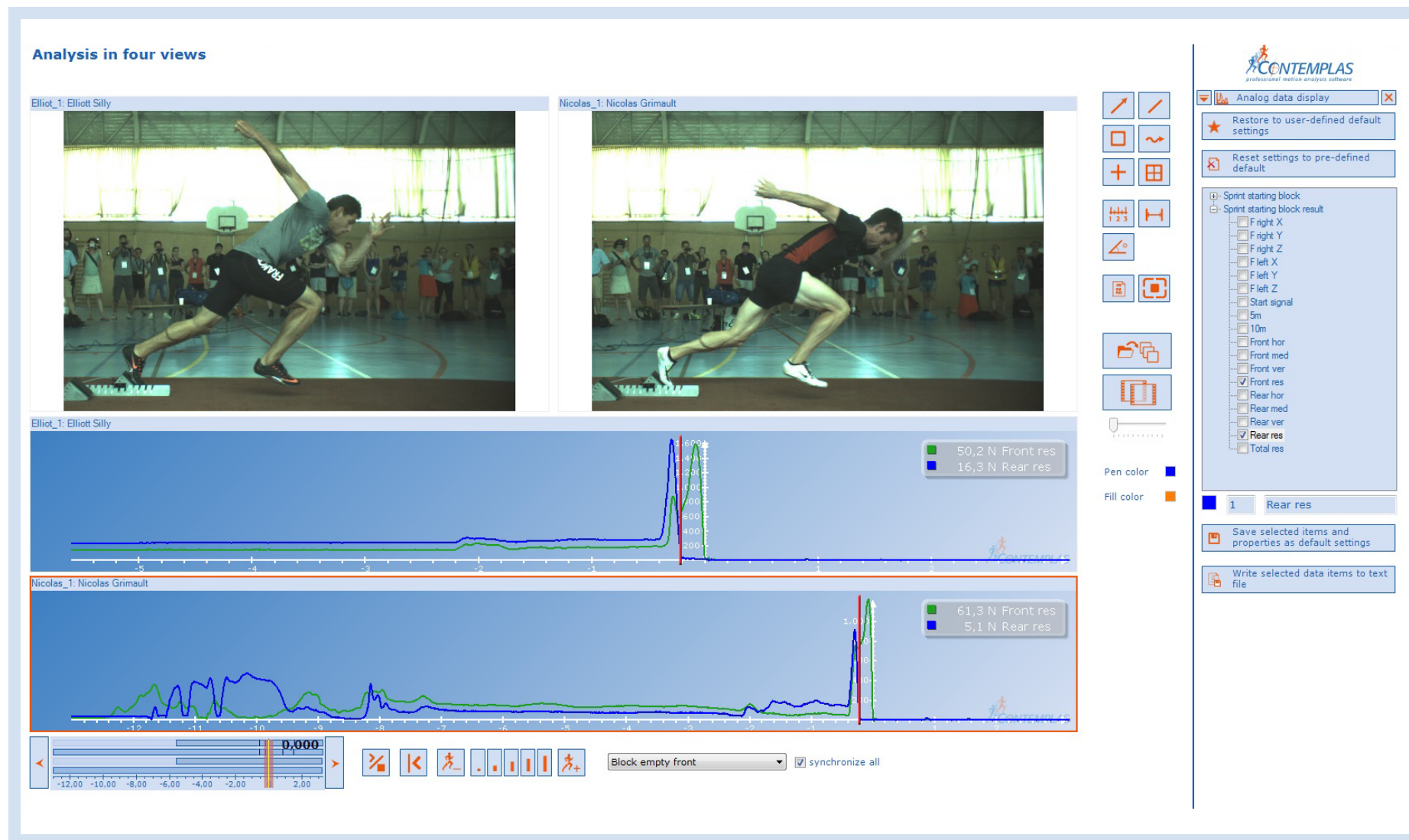
### **Highspeed**

- Set frame rate
- Set resolution and **Area Of Interest**
- Control all camera features in the software





## Keyfeature: Comparison of different athletes



## Keyfeature: Overlay

### Analysis in one view

Nicolas\_1: Nicolas Grimmault



Sprint start analysis

01.07.2015

Nicolas Grimmault

PB: 10,64

Block L: 40,0 cm, 40 °

Block R: 80,0 cm, 40 °

#### Measurement values

t Reaction	0,170 s
t Push	0,405 s
t Push rear	0,187 s
t Block empty	0,541 s

Fmax res front	17,477 N/kg
Fmax res rear	13,073 N/kg
Velocity ap total	3,229 m/s
Ratio impuls ap/res total	0,588
NAHBP total	0,312

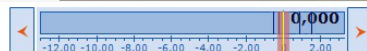
t 5m	1,399 s
t 10m	2,063 s

#### Points in time

0,000 s: Start signal

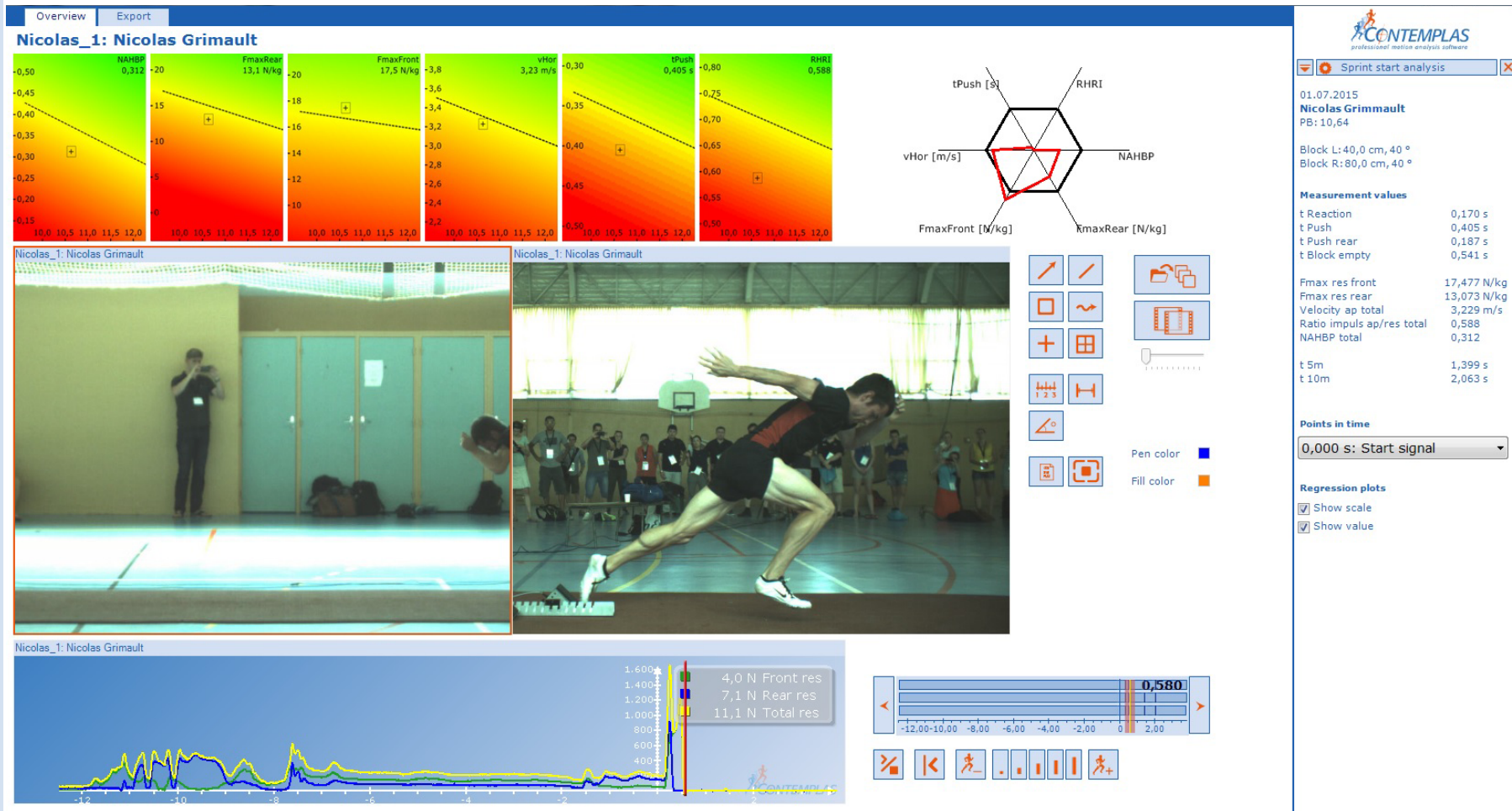
#### Regression plots

- ☒ Show scale
- ☒ Show value





## Keyfeature: Calculation of key-block parameters



### Hardware requirements



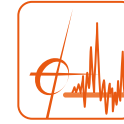
Sprint Start Block



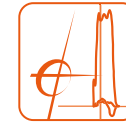
Camera



Timing



EMG



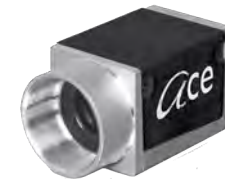
Pressure

Cameras

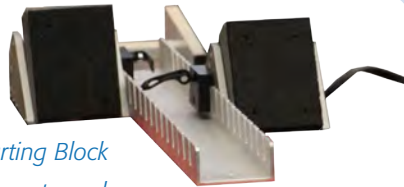
USB3.0



GigE



Measurement Devices



CONTEMPLAS Starting Block  
with integrated force transducers



Accessories



## CONTEMPLAS Starting Block System - Specification



### Dimensions

- Start block with independent front and rear block with 2 force plates
- Contact plate: 116 x125 mm
- Total load 6 kN per plate
- Strain gauge based
- Surface: Tartan, black
- Including A/D board and 10m cable
- Optional: Hardware synchronization kit for cameras and light barrier systems, etc.
- Optional: Robust transport case

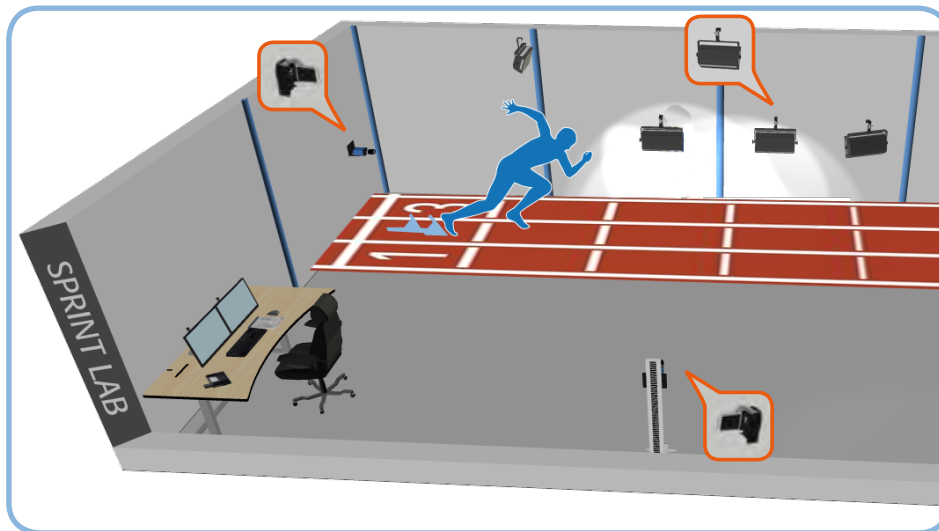
### Purpose

- Can be used for any kind of sports that involves sprinting
- Professional feedback training with references
- Can be combined with other measurement systems



## Space requirements

### Laboratory



**Camera**



**Ceiling lighting**

### Field



**Camera**

Details

**Distance** > walkway: > 25 m